

# VSNB/The Abbey Group Food Service

## NOVEMBER 9 - 15, 2020

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY	TUESDAY	WEDNESDAY *Closed for Veterans Day	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>9</b> - Zee Zee Fun Meal, Cheese Sticks, Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Whole Grain Smart Breakfast Cookie &amp; Fruit</p>	<p><b>10</b> - Walking Pizza....Build Your Own....Flatbread w/ Mozzarella Cheese, Pepperoni, Marinara Sauce, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Breakfast Bun &amp; Fruit</p>	<p><b>11</b> - Chicken Nuggets, BBQ Sauce, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Whole Grain Sweetbread &amp; Fruit</p>	<p><b>12</b> - Turkey &amp; Cheese on a Hoagie Roll, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Whole Grain Muffin &amp; Fruit</p>	<p><b>13</b> - Chicken Caesar Wrap, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Whole Grain Cereal Bar &amp; Fruit</p>	<p><b>14</b> - Egg &amp; Cheese on a Bagel, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Cereal &amp; Fruit</p>	<p><b>15</b> - Frank &amp; Beans, Veggies &amp; Fruit</p> <hr style="width: 20%; margin-left: 0;"/> <p>Breakfast - Cereal &amp; Fruit</p>

*Menus Subject to Change*

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

**\*Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

**WEEKEND MEALS:** Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m.*

The Abbey Group is an Equal Opportunity Provider