

# VSNB/The Abbey Group Food Service

## DECEMBER 14- 23, 2020

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY Dec. 14	TUESDAY Dec. 15	WEDNESDAY Dec. 16 <i>*Distance Learning</i>	THURSDAY Dec. 17	FRIDAY Dec. 18	SATURDAY Dec. 19	SUNDAY Dec. 20
Sunbutter Sandwich, String Cheese, Fruit  Breakfast - Whole Grain Breakfast Cookie & Fruit	Chicken Bacon Ranch Salad, Flatbread, Veggies & Fruit  Breakfast - Whole Grain Cereal & Fruit	Tuna Salad with a Bagel, Veggies & Fruit  Breakfast - Whole Grain Muffin & Fruit	Turkey & Cheese with a Hoagie Roll, Veggies & Fruit  Breakfast - Whole Grain Cereal Bar & Fruit	Chicken Nuggets w/ BBQ Sauce, Veggies & Fruit  Breakfast - Whole Grain Sweetbread & Fruit	Pancakes & Sausage, Veggies & Fruit  Breakfast - Cereal & Fruit	Corn Dog, Veggies & Fruit  Breakfast - Cereal & Fruit
<b>** MONDAY Dec. 21</b>	<b>** TUESDAY Dec. 22</b>	<b>** WEDNESDAY Dec. 23</b>				
Walking Pizza.... Build Your Own.... Flatbread w/ Mozzarella Cheese, Pepperoni, Marinara Sauce, Veggies & Fruit	Mexican Chicken Salad w/ Roll (not spicy), Veggies & Fruit	<h3 style="margin: 0;">Seven Days of Meals Will Be Provided</h3>				

*Menus Subject to Change*

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. **WEEKEND MEALS:** Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stop*

**\*Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

**\*\* Meals during break can be picked up at the middle school or delivery routes.** Please visit [svsu.org](http://svsu.org) and follow prompts to COVID-19 Updates - Meals for the times and locations.

*The Abbey Group is an Equal Opportunity Provider*