

VSNB/The Abbey Group Food Service

DECEMBER 7- 13, 2020

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

| MONDAY Dec. 7 | TUESDAY Dec. 8 | WEDNESDAY Dec. 9 <i>*Distance Learning</i> | THURSDAY Dec. 10 | FRIDAY Dec. 11 | SATURDAY Dec. 12 | SUNDAY Dec. 13 |
|--|---|--|--|---|---|---|
| Zee Zee Fun Meal, Cheese Stick, Sunflower Seeds & Fruit | Ham & Cheese Tortilla Wrap, Veggies & Fruit | Chicken Caesar Salad, Animal Crackers, Fruit | Walking Pizza, Veggies & Fruit | Chicken Nuggets, BBQ Sauce, Veggies & Fruit | Taco Salad, Tortilla Chips, Veggies & Fruit | Mexican Chicken, Rice & Salsa , Veggies & Fruit |
| Breakfast - Whole Grain Breakfast Cookie & Fruit | Breakfast - Whole Grain Cereal & Fruit | Breakfast - Whole Grain Cereal Bar & Fruit | Breakfast - Whole Grain Sweetbread & Fruit | Breakfast - Whole Grain Breakfast Bun & Fruit | Breakfast - Cereal & Fruit | Breakfast - Cereal & Fruit |

Menus Subject to Change

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

***Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

WEEKEND MEALS: Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stop*

The Abbey Group is an Equal Opportunity Provider