

# VSNB/The Abbey Group Food Service

## JANUARY 18 - 24, 2021

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY Jan. 18 CLOSED	TUESDAY Jan. 19	WEDNESDAY Jan. 20 *Distance Learning	THURSDAY Jan. 21	FRIDAY Jan. 22	SATURDAY Jan. 23	SUNDAY Jan. 24
These meals were sent home on Friday with weekend meals.	Zee Zee Fun Meal...Zee Zee Bar, Sunflower Seeds, Cheesestick, Fruit	Chicken Nuggets, BBQ Sauce, Goldfish, Veggies & Fruit	Buffalo Chicken Strips (not too spicy), Flatbread, Veggies & Fruit	Turkey & Cheese on Hoagie Roll, Veggies & Fruit	Chicken Filet, Bun, Veggies & Fruit	Corn Dog, Veggies & Fruit
	Breakfast - Whole Breakfast Cookie & Fruit	Breakfast - Whole Grain Cereal Bar & Fruit	Breakfast - Whole Grain Breakfast Bun & Fruit	Breakfast - Whole Grain Sweetbread & Fruit	Breakfast - Whole Grain Cereal & Fruit	Breakfast - Whole Grain Cereal & Fruit

*Menus Subject to Change*

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

**\*Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

**WEEKEND MEALS:** Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stops.*

The Abbey Group is an Equal Opportunity Provider