## VSNB/The Abbey Group Food Service February 1 - 7, 2021

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY Feb. 1	TUESDAY Feb. 2	WEDNESDAY Feb. 3 *Distance Learning	THURSDAY Feb. 4	FRIDAY Feb. 5	SATURDAY Feb. 6	SUNDAY Feb. 7
Sunbutter Sandwich, Cheese Stick & Fruit	Zesty Chicken & Bacon Salad, Flatbread, Veggies & Fruit	Chicken Nuggets, Animal Crackers, BBQ Sauce, Veggies & Fruit	Turkey & Cheese, Bagel, Veggies & Fruit	Layered Taco Salad, Tortilla Chips, Veggies & Fruit	Chicken Filet & Cheese, Bun, Veggies & Fruit	Pancakes & Sausage
Breakfast - Whole Breakfast Cookie & Fruit	Breakfast - Whole Grain Muffin & Fruit	Breakfast - Whole Grain Breakfast Bun or Bar & Fruit	Breakfast - Whole Grain Cereal & Fruit	Breakfast - Whole Grain Sweet Bread & Fruit	Breakfast - Whole Grain WG Misc. Baked Goods & Fruit	Breakfast - Whole Grain Cereal & Fruit

## Menus Subject to Change

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢.** These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

\*Wednesday meals will be sent home on Tuesday. Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

**WEEKEND MEALS:** Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stops.

The Abbey Group is an Equal Opportunity Provider