

VSNB/The Abbey Group Food Service

JANUARY 4 - 17, 2021

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY Jan. 4	TUESDAY Jan. 5	WEDNESDAY Jan. 6 <i>*Distance Learning</i>	THURSDAY Jan. 7	FRIDAY Jan. 8	SATURDAY Jan. 9	SUNDAY Jan. 10
Zee Zee Fun Meal....Zee Zee Bar, Cheesesticks, Fruit <hr/> Breakfast - Whole Grain Breakfast Cookie & Fruit	Tuna Salad, Bagel, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit	Ham & Cheese, Tortilla, Veggies & Fruit <hr/> Breakfast - Whole Grain Sweetbread & Fruit	Chicken Nuggets, BBQ Sauce, Animal Crackers, Veggies & Fruit <hr/> Breakfast - Whole Grain Breakfast Bar & Fruit	Taco Salad, Tortilla Chips, Veggies & Fruit <hr/> Breakfast - Whole Grain Muffin & Fruit	Chicken Filet, Bun, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit	Pancakes & Sausage, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit
MONDAY Jan. 11	TUESDAY Jan. 12	WEDNESDAY Jan. 13 <i>*Distance Learning</i>	THURSDAY Jan. 14	FRIDAY Jan. 15	SATURDAY Jan. 16	SUNDAY Jan. 17
Sunbutter Sandwich, Cheese Stick, Veggies & Fruit <hr/> Breakfast - Whole Grain Breakfast Cookie & Fruit	Walking Pizza, Marinara Sauce, Veggies & Fruit <hr/> Breakfast - Whole Grain Muffin & Fruit	Chef Salad, Roll & Fruit <hr/> Breakfast - Whole Grain Breakfast Bun & Fruit	Turkey & Cheese, Bagel, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit	Chicken Ranch Salad, Tortilla, Veggies & Fruit <hr/> Breakfast - Whole Grain Sweetbread & Fruit	Egg & Cheese, Bisquit, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit	Spaghetti w/ Meat Sauce, Roll, Veggies & Fruit <hr/> Breakfast - Whole Grain Cereal & Fruit

Menus Subject to Change

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

***Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

WEEKEND MEALS: Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stops.*

The Abbey Group is an Equal Opportunity Provider