

VSNB/The Abbey Group Food Service

February 22 - March 1, 2021

For in-school lunch, students can choose the main menu item, a peanut butter and jelly sandwich, or a yogurt meal.

MONDAY	TUESDAY	WEDNESDAY *Distance Learning	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Feb 22nd - Zee Zee Fun MealZee Zee Bar, Cheese Stick, Sunflower Seeds, Fruit _____ Breakfast - Whole Grain Cereal & Fruit	Feb 23rd -Walking Pizza- Marinara Sauce, Pepperoni, Mozzarella Cheese, Veggies & Fruit _____ Breakfast - Whole Grain Breakfast Bar/Bun & Fruit	Feb 24th - Turkey & Cheese, Tortilla Wrap, Veggies & Fruit _____ Breakfast - Whole Grain Muffin & Fruit	Feb 25th - Chicken Nuggets, Animal Crackers, Veggies & Fruit _____ Breakfast - Whole Grain Sweet Bread & Fruit	Feb 26th - Buffalo Chicken Strips (not too spicy) Flatbread, Veggies & Fruit _____ Breakfast - Whole Grain Bagel & Fruit	Feb 27th - Mexican Chicken, Rice & Salsa, Veggies & Fruit _____ Breakfast - Whole Grain Cereal & Fruit	Feb 28th - Pancakes & Sausage, Veggies & Fruit _____ Breakfast - Whole Grain Cereal & Fruit
March 1 - Sunbutter Sandwich, Cheese Stick, Veggies & Fruit _____ Breakfast - Whole Grain Breakfast Cookie & Fruit	March menu coming soon . . .					

Menus Subject to Change

All full meals are **FREE** to students and include milk. Students who bring lunch from home can **purchase milk-only for 50¢**. These students should bring milk money each day or may prepay via cash or check payable to VSNB Lunch Program.

***Wednesday meals will be sent home on Tuesday.** Breakfast and lunch can be ordered by students in their classrooms on Tuesday morning. The meals will be sent home with students at dismissal and should be refrigerated immediately.

WEEKEND MEALS: Students can order weekend meals (two breakfasts and two lunches) on Friday mornings in their classrooms. The meals will be sent home with students at dismissal and should be refrigerated immediately. *Weekend Meals are also available for all Vermont residents age 18 and under and can be picked up on Friday at the Grab n Go door at the MAU Middle School from 7:30 a.m - 12:00 p.m. or at all delivery stops.*

The Abbey Group is an Equal Opportunity Provider